

# KASEN SEELEY

## ANALYST, HEALTH RISK MANAGEMENT

Kasen Seeley joined the MJ Insurance team in 2011 in our Benefits Consulting department. She began her insurance career as an analyst at Emerging Benefit Consultants where she analyzed reports for plan improvements and opportunities to decrease employer costs. Through her experience, she has built a diverse resume of expertise within the healthcare marketplace.

Kasen works with the Health Risk Management team to forecast future risks and supply insightful analysis in order to identify cost drivers for MJ's Benefits Consulting clientele. Through the analysis of cost trends, prescription drug usage, disease conditions, demographics and more, she is able to recognize trends and draw meaningful conclusions allowing for proactive decision making and implementation of appropriate mitigation strategies for our clients. Kasen is able to create a story through the numbers and data to show clients a perspective that may impact future trends.

Outside of MJ, Kasen loves rock climbing, canyoneering, hiking, backpacking, fitness, traveling and reading. She has an ever-growing bucket list but right now she is focused on hiking the highest point in each U.S. state..



### EDUCATION

Grand Valley State University

### DESIGNATIONS

Arizona Life & Health License

### PHILANTHROPY

Arizona Mountaineering Club - Volunteer  
Best Buddies  
Girls on the Run - Maricopa & Pinal  
Arizona Call-A-Teen Youth Resources

### HIDDEN TALENTS

Untangling knots

### INVOLVEMENT

|A Healthier YOU Committee  
MJ In the Community Committee  
MJ FUN Committee