

# SHAUNA HENLEY

## POPULATION HEALTH + WELLNESS, DIRECTOR

Shauna Henley joined the MJ team in 2013 as a wellness coordinator in our Benefits Consulting department and has since been promoted to population health and wellness director. Prior to joining MJ, Shauna worked as a wellness intern at both Interactive Intelligence and MJ Insurance where she worked to create structured wellness programs tailored toward the environment of the company. With the unique insight gained on both the client and agency level, Shauna has grown MJ's Population Health + Wellness capabilities to become a true value-add to our employee benefits clientele.

As the cost of healthcare continues to rise, Shauna works with clients to create valuable, engaging and cost-effective wellness solutions. Shauna aims to provide a full understanding of an employee population, and identified health risk trends, so employers can deliver targeted programming to their employees. Using data-driven solutions, Shauna and her team are able to measure the impact and evaluate the effectiveness of our client's health and wellness spend, ultimately producing a healthier employee population and lower costs for our clients.

When she is not working on developing and executing MJ's Population Health + Wellness initiatives, Shauna enjoys spending time with her husband and new baby boy!



### EDUCATION

Ball State University - B.S. Exercise  
Science  
MA Wellness Management

### PHILANTHROPY

Dayspring Center  
Humane Society for Hamilton County

### INVOLVEMENT

A Healthier YOU Committee Chair