

ANGELICA ALANIZ

WELLNESS COORDINATOR

Angelica Alaniz works as a wellness coordinator in our Benefits Consulting department. Specializing in creating engaging, data-driven wellness solutions, Angelica brings over five years of corporate health and wellness experience to the MJ Insurance team. Prior to joining MJ, Angelica worked as a wellness and benefits administrator where she coordinated and managed the organization's benefits program as well as a variety of engaging wellness programs including on-site fitness, group incentive programs, educational seminars and digital solutions.

At MJ, Angelica develops and deploys wellness initiatives for MJ clientele and uses data-driven strategies to provide them with the necessary tools and understanding to deliver a well-rounded program to their employees. As the cost of healthcare continues to rise, she works with clients to develop wellness initiatives and programming that are valuable, engaging and cost-effective.

Outside of the office, Angelica is passionate about her personal wellness and loves to run, hike, and explore new places. She keeps a whole lists of goals and things she wants to do one day including hiking the Grand Canyon rim to rim and visiting Havasupai, an American Indian reservation. Her other goals include skydiving, running a marathon and traveling to every continent.



EDUCATION

Arizona State University - B.S. Exercise & Wellness

PHILANTHROPY

Phoenix Children's Hospital

INVOLVEMENT

A Healthier YOU Committee
MJ FUN Committee