

# SHAUNA HENLEY

## WELLNESS COORDINATOR

Shauna Henley joined the MJ team in 2013 as wellness coordinator in our ever- expanding Benefits Consulting department. Prior to joining MJ, Shauna worked as wellness intern at both Interactive Intelligence and MJ Insurance where she worked to create structured wellness programs tailored toward the environment of the company. With this joint partnership, she was able to gain insights into the benefits side of the business as well as the client side which has proven to be tremendously helpful in her role.

Shauna's focus at MJ is to fully understand client goals and objectives surrounding their wellness initiatives and provide them with the necessary tools and understanding to deliver a well-rounded program to their employees. She tailors all wellness initiatives directly to the client's culture allowing for a more positive, consistent message to the employee. Shauna currently serves over 25 clients, with each having the need for unique and diverse resources.



### EDUCATION

Ball State University  
BS Exercise Science  
MA Wellness Management

### IN THE COMMUNITY

Dayspring Center  
MJ FUN Committee Co-Chair